

How to discontinue home isolation

People with COVID-19 who have stayed home (home isolated) can stop home isolation under the following conditions:

If you did NOT have a COVID-19 test to determine if you are still contagious, you can leave home after these three things have happened:

- You have had no fever for at least 72 hours (that is three full days of no fever without the use medicine that reduces fevers)

AND

- Other symptoms have improved (for example, when your cough or shortness of breath have improved)

AND

- At least 7 days have passed since your symptoms first appeared

If you were tested to determine if you are still contagious, you can leave home after these three things have happened:

- You no longer have a fever (without the use medicine that reduces fevers)

AND

- Other symptoms have improved (for example, when your cough or shortness of breath have improved)

AND

- You received two negative tests in a row, 24 hours apart. Your doctor will follow [CDC guidelines](#).