



## About Legacy Health & Wellness

Legacy Health & Wellness formed in early 2011 as a partnership between RoyOMartin and Gilchrist Construction Company, L.L.C. Formerly known as the Central Louisiana Family Health and Wellness Center, Legacy expanded its services to include AFCO Industries, Inc. in 2014.

Legacy Health & Wellness offers care from a board-certified physician, Brian Elkins, M.D., FAAFP, who is supported by a full team of medical and administrative professionals. The clinic offers employees and eligible dependents from AFCO, Gilchrist Construction, and RoyOMartin healthy-lifestyle coaching and treatment for minor injuries and a variety of common illnesses and chronic conditions. Other services include blood work; EKGs; men's, women's, and pediatric wellness checks; immunizations; sports-related physicals; tobacco-cessation resources; minor surgical procedures; and more. Patients enjoy access to quality care that is efficiently managed, with minimal wait time. The Legacy Health & Wellness team prides itself on their attentiveness to and holistic assessment of each patient. Since 2011, Legacy's employer partners have realized increased employee productivity and decreased insurance costs and unnecessary emergency-room visits.

*"Our goal, when opening the clinic, was all about improving care and health outcomes for our employees and their families. We believe that access to quality primary care leads to longer, healthier lives. Besides, healthy employees are more productive employees."*

--Roy O. Martin III, Chairman, CEO, and CFO of RoyOMartin

*"We shared common goals with RoyOMartin when we opened the medical home. The patient-centered medical approach was an opportunity for us to focus on employee well-being from a holistic view, resulting in a healthier and more productive workforce. Since the clinic opened, we have experienced an enhanced awareness among our employees regarding the importance of overall good health and healthy lifestyles."*

--Valerie Aymond, Chief Resource Officer at Gilchrist Construction Company

*"As an employee-owned company, AFCO is always seeking the best benefits for its people. Legacy Health & Wellness represents state-of-the-art healthcare, and we are thrilled to be able to offer this service to our employees."*

--Jim Waters, CEO and Chairman of AFCO Industries, Inc.

Legacy Health & Wellness Center is located at 1201 N. Bolton Avenue in Alexandria and is managed by RoyOMartin affiliate Rapides Nursing Services, L.L.C.